

NURSING BSc(HONS)

Adult, Child and Mental Health



University of Brighton

Key facts

Nursing and midwifery

UCAS code

Nursing (Adult) B7L0

Nursing (Child) B730

Nursing (Mental Health) B760

Duration

Full-time 3 years

Start dates

There are two start dates, in February (from 2012) and September.

Typical entry requirements

individual offers may vary

A-level ABB (typically translates to 320 points in the UCAS tariff) and must include a Science/Social science subject. A strong GCSE profile is desirable, which must include at least 5 grade C or above, including English, Maths and Science/Social science.

Other suitable qualifications

A wide range of other qualifications will be considered: Access to Health and Social Care Diploma with 60 credits overall, 45 at level 3, 15 at level 2, with 30 distinction grades achieved at L3. GCSE English and Maths equivalent achieved or 6 credits at Level 3; BTEC National Diploma in a health related subject – DDM; Open University K101.

In addition

For all nursing courses leading to registration with the Nursing and Midwifery Council (NMC) as a nurse, the following apply: applicants must have completed 10 years general education; literacy and numeracy will be assessed during interview process; applicants must pass CRB check and undergo occupational health screening; applicants must meet NHS funding requirements; evidence of study in the last five years is desirable; if IELTS is offered as evidence of literacy, an overall score of 7 is required.

About these courses

- Develop competence, and a passion for nursing.
- Exciting optional modules in your second year allow you to specialise in areas of personal interest.
- Opportunities to study abroad.
- Learn how to evaluate and engage with nursing research and the research process.
- Learn about your own health and wellbeing and techniques for developing resilience.
- We want your time with us to be as fulfilling and enjoyable as possible.

Becoming a nurse

Adult nursing

As a nurse in the adult field you will work at the centre of a multi professional team that includes doctors, physiotherapists, radiographers and many others. You will have close contact with patients and their families, and can be based in a hospital or in the community. You will assess, plan, implement and evaluate care for individual patients.

Adult nurses work with old and young adults with diverse health conditions in a variety of settings. They juggle numerous priorities. As well as caring using highly developed interpersonal skills, nurses use clinical, management, and teaching skills to improve the quality of patients' lives in sometimes difficult circumstances.

Mental health nursing

Mental health nursing is about being with people. Our aim is to try and understand, collaborate with people and help at times of emotional distress. People may experience mental health difficulties at any time of life and for a variety of reasons.

We need to understand the person from a wide range of perspectives: their physical health, psychological and emotional health, response to stress, their roles and position in society and social relationships as well as their ways of coping and features which protect them from ill-health.

Mental health nursing is about creating relationships which are founded on trying to develop an empathic understanding, compassion and value the uniqueness of the individual and their situation.

As a Mental Health Nurse you will develop your own sense of awareness and understanding of yourself and how you can form therapeutic relationships. You will develop specific therapeutic approaches used to help people recover, adjust or accept and live alongside mental health difficulties. As our work is in a range of settings you will collaborate with voluntary services, primary care as well as mental health teams in the community and in-patient settings.

Children's nursing

Children's nurses care for children suffering with health conditions, in a range of settings. Often the hospital acts as a centre of assessment for children whose main care is carried out in the community.

Children's nurses will recognise the increasingly wide variety of health problems that occur during childhood. They also need to work very closely with their patient's family. In children's nursing the level of support that patients require is determined not only by how ill they are, but also by social, cultural, economic and psychological factors that affect them.

Nursing BSc(Hons)

(Adult, Child and Mental Health)

Our nursing degree courses enable you to become a competent, resilient nursing practitioner, who is responsive to changing client needs in a variety of care settings.

Your competence will be developed through a combination of theory and practical skills gained in classroom and clinical practice settings. You will gain experience in your chosen area of practice (adult, child or mental health nursing) and the core competencies required for nursing at an early stage in the course. Your communication and interpersonal skills will be developed throughout.

The programmes are flexible and allow you to choose from a range of optional modules where possible. This allows you to specialise in areas of personal interest.

Professional accreditation

On successful completion of these courses you will be eligible to apply for registration as a nurse with the Nursing and Midwifery Council.

Course structure and organisation

Learning takes place at the university and in a variety of community and hospital practice settings. Our well-equipped skills facilities allow students to simulate practice in the class room. There will be a 50:50 split between theoretical and practical learning. The course runs over three years. Each year is divided into three terms. The first two terms of each year include both theoretical and practice learning to help you relate theory to practice and to help us provide you with ongoing support. The third term is mainly practice learning.

Areas of study

Year 1

You will explore the nature of nursing, and develop your clinical and communication skills, which will be assessed in both the university and practice settings. You will also study the biological and behavioural sciences that inform nursing practice.

Year 2

You will continue to share some modules with students from all fields, eg public health and research and have a choice of a range of optional modules, eg arts and health, global health, and international exchange. You will also study modules specific to your field of practice, for example, acute nursing care, contemporary child health practice and mental health nursing in context. You will continue to develop your clinical skills in practice settings.

Year 3

In your final year you will continue to focus on your chosen field, addressing more complex patient and client needs. You will also undertake a dissertation where you can explore in depth, a topic of personal interest related to your field of nursing, and begin to develop the management and leadership knowledge and skills required for professional practice.

Person profile

You will need to demonstrate the following qualities to succeed on this course and as a nurse:

- an understanding of, passion for and commitment to your chosen field of nursing
- the intellectual ability to follow an academically challenging programme
- good communication skills and a warm, caring and friendly personality
- confidence, empathy, resilience and maturity to meet the challenges of your professional studies
- a mature approach to study.

Career and progression opportunities

These courses provide an excellent foundation for working in a range of health contexts and for further professional development in clinical practice, education, management and research. Our nursing graduates have developed successful careers in adult, child and mental health nursing in both hospital and community settings. There is a wealth of opportunities to progress up the career ladder. After a period of consolidation and further study you can work as a specialist practitioner in the community in areas such as practice nursing, community psychiatric nursing, health visiting or as a nurse consultant. Acute care offers a range of roles, for example caring for patients needing emergency and intensive care, surgery, crisis intervention (mental health) and neonatal care.

Successful completion of the course will enable you to access further academic study at masters and doctoral level.

International placement opportunities

We are experienced in facilitating international nursing exchanges. A range of exciting opportunities are available for you to experience nursing in another country and gain academic credit. International placements can last between two weeks and three months.

Study locations

Teaching on these courses takes place on university campuses at Falmer, Eastbourne and Hastings, depending on your chosen site. Clinical practice placements take place in community and hospital settings across Sussex. For more information please visit www.brighton.ac.uk/snm/placements.

Personal and academic support

You will be allocated a personal tutor to oversee your progress throughout the course and while on placement you will work under the supervision of a mentor.

**This publication is
available in alternative
formats on request.**

How to apply

Application for these courses is via UCAS.
For a step-by-step guide to the application
process please visit
www.brighton.ac.uk/snm/admissions.

For further information:

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