
International Students'
Survival Guide to Hamilton
On-arrival Information



WELCOME

A warm welcome to the University of the West of Scotland (UWS). This short guide provides you with some basic day-to-day survival information to help you settle in to life in Hamilton. You also have the information brochure in your Student Aid Parcel which can be collected from the Student Link (Hamilton)

Adapting to a new culture

We hope that you find your time studying and living in Hamilton a rewarding experience, one that you look back on with good memories. It will take you some time to settle in, especially if this is your first visit to the UK, and you will probably experience some aspects of 'culture shock' – the impact of moving from a familiar culture into an unfamiliar one.

The UKCISA information sheet '*International students and culture shock*' gives detailed information on what culture shock is and how to cope with it. Please be reassured that culture shock is completely normal and you are not alone in experiencing it. If at any time you need help in coping with this, please do not hesitate in contacting anyone listed in the International Student Welfare section below.

Useful Weblinks

- UK Council for International Student Affairs (UKCISA) website: <http://www.ukcisa.org.uk/>
- The British Council - <http://www.educationuk.org/>

Adapting to UK learning styles

The teaching styles, ways of learning, assessment methods and expectations universities have of their students may be very different to what you are used to in your home country. Adapting to these new ways of doing things may require you to approach your studies in a very different way. Please refer to the UKCISA information sheet '*Study Methods used in the UK*' which outlines the main features of teaching and learning in the UK and offers some advice on study skills.

Your School may distribute a handbook on learning support and study skills to its students – ask in your School's main office. If you need help with study methods, please speak to your course supervisor, personal tutor, Effective Learning Adviser or the International Student Adviser.

Resources produced by the Effective Learning team can be found at www.uws.ac.uk/effectivelearning

Banks and Building Societies

Various banks and building societies are located within walking distance of Hamilton campus. There is also a cash machine on campus which accepts cards from all major banks. The machine is located at the back door of the Almada building and does not charge for use.

The four main banks are the Royal Bank of Scotland, the Bank of Scotland, Lloyds TSB and the Clydesdale Bank. Opening hours are generally Monday to Friday between 9am or 10am and 4pm or 5pm.

You can withdraw cash from most cash machines. Please check the symbols on the machines to find out which cards it accepts. Some cash machines now charge for a transaction – look out for a message on the screen.

Opening a bank account: For full information, please refer to the UKCISA website www.ukcisa.org.uk

Please keep your course admission letter in a safe place as you will need it to open a bank account (as well as for immigration purposes). You also need your passport. Basic bank accounts are easier to open than any other type of account. If you change your address in the UK you should inform your bank immediately.

Campus Information: Hamilton - www.uws.ac.uk/about/hamilton/

Located in the heart of Lanarkshire, 12 miles South of Glasgow, the Hamilton campus offers a lively, safe and friendly atmosphere.

Student accommodation and Students' Union are available on the Hamilton campus which also houses three main teaching building Almada, Caird and the Centre for Engineering Excellence buildings.

The main Almada building, contains the library, sports and leisure centre, students' union shop, refectory and café. All the student support services including Student Services are located in one place called the Student Link which can be found near the rear entrance to the Almada Building.

The Caird building is home to the simulated nursing wards and an additional refectory. Hamilton offers a supportive environment with excellent facilities and services to cater for the variety of students studying full and part-time at the campus.

Map of Campus: <http://www.uws.ac.uk/about/downloads/hamilton-campus.pdf> (2pages)

Council Tax

For full current information on Council Tax please refer to the UKCISA information sheet '*Council Tax and International Students*' which can be downloaded from www.ukcisa.org.uk

International students should obtain their Council Tax Exemption form from the South Lanarkshire Council offices in Almada Street or download the forms from <http://www.southlanarkshire.gov.uk> and click on the **Council Tax** from the A-Z list of services or most popular list. This form should then be taken to the Student Link to be checked, completed and stamped.

Currency

Pound sterling, written as £1.

£1=100 pence. In addition to English currency, Scottish banks can print their own bank notes. Both English and Scottish notes are acceptable throughout Scotland. Bank notes are in denominations of £100, £50, £20, £10 and £5 with Scottish banks also issuing a £1 note. Coins used are £2, £1, 50p, 10p, 5p, 2p and 1p. Be aware that if you are travelling in England and Europe, you may experience difficulty in using Scottish banknotes. If you are going to Europe and intend to change cash, try and take Bank of England notes.

Credit cards

Major credit cards – Visa, Mastercard and American Express - are accepted throughout Scotland. Look for the signs displayed at the entrance to the shop etc. or near the pay-point.

Driving in the UK

For full current information on driving in the UK please refer to the UKCISA information sheet '*Driving in the United Kingdom: a guide for international students*'.

If you live in the university hall of residence you can apply to the accommodation office for a car parking permit in the halls of residence car park.

Electrical voltage

240V 50Hz. Adapters for appliances such as hairdryers and shavers are available from electrical shops and other stores.

E mail

The University provides free e-mail accounts to all students and there are many computing labs where e-mail can be accessed. Information on how to set up your e-mail account will be provided during your induction week at UWS.

Embassies and Consulates

There are a number of foreign consulates based in Scotland. Consulate addresses and contact details are available here: <http://www.visitscotland.com/guide/travel/library/embassies-consulates>*

Most embassies are based in London. Addresses and contact details are available from the Foreign and Commonwealth Office: <http://www.fco.gov.uk/en/travel-and-living-abroad/foreign-embassy-in-the-uk/>*

* UWS is not responsible for the content of external web sites.

Emergencies

The emergency telephone number in the UK is 999. The call is free from any public telephone and is for immediate help. The operator will ask you which service you need – police, ambulance or fire brigade. Stay calm, describe the emergency as best you can and give the exact address.

Employment

For full information on working in the UK during and after your studies, including looking for work, how to get a National Insurance number, paying tax and workers' rights, please refer to the Student Services leaflet '*International students: working in the UK*'. This leaflet is available online at www.uws.ac.uk/schoolsdepts/studentsservices/international/working.asp

Entertainment

Hamilton

There is lots to do in and around Hamilton. There is a Multiplex Vue Cinema (<http://new.myvue.com/home/cinema/hamilton>) which is located in the Palace Grounds area near ASDA. Hamilton Town House Theatre hosts a variety of plays and concerts in the Cadzow Street area of the town and Motherwell Civic Hall also offers similar events. See the **List magazine** for full details. <http://www.list.co.uk/>

Hamilton Park Racecourse is situated along the town's Bothwell Road, it hosts regular racing throughout the season and is good for a day out.

Strathclyde Country Park is very close to Hamilton town centre and is within walking distance of the campus. It has a huge range of activities available from sailing to walking, cycling, water skiing to running or just watching the world go by. Also located in Strathclyde Park is M&D's Theme Park with lots of rides and attractions. <http://www.scotlandsthemepark.com/>

Hamilton also has a variety of pubs and restaurants to keep you entertained.

Glasgow:

Glasgow is a 20 minute train ride away from Hamilton and is a vibrant and popular city. There is lots to do and see ranging from cultural events, festivals, exhibitions, museums, art galleries, parks, monuments, live music, cinema, theatre to a lively night life of pubs and clubs.

The magazine '*The List*', published every two weeks, gives full listings of what's on in Glasgow (and Edinburgh). For further information on attractions and events in Glasgow go to www.seeglasgow.com or check with the tourist office.

Hospitals

For emergency treatment only go to the Accident and Emergency Department at Wishaw General Hospital, it has 24-hour accident and emergency department Wishaw General Hospital, 50 Netherton Street, Wishaw ML2 0DP
Telephone: 01698 361100.

International student welfare

If you have any problems during your stay here or are worried about something, there are many sources of help within the University. Student Services, located near the backdoor of the Almada Building, offers all students help with Careers, Counseling, Enabling Support and Funding Advice. There is also a Chaplaincy Service.

The International Student Advisers are based on the Paisley Campus and can be contacted for advice regarding general welfare issues as well as visas, immigration and work and funding queries. Please contact: International Student Advisers Tel: 0141 848 3803 or email internationaladvice@uws.ac.uk.

Please call into the Student Link Reception in J Block Paisley Campus. Appointments are available Monday to Friday, plus drop-in sessions

Lunch

There are two canteens on the Hamilton Campus which offer a range of hot and cold foods and drinks. These can be found in the Almada and Caird buildings. The Students Association also has a coffee and snack bar. Located around the campus are various pubs and cafes that offer good food at reasonable prices.

Medical services

For non-emergency medical help and advice contact your local doctor (known as a 'GP' or 'General Practitioner'). It is important that you register with a local doctor on arrival here. See the UKCISA information sheet '*Keeping Healthy*'.

National Insurance Number

Please see the section on **Employment**

Passports

Please keep your passport and your Identity Card for Foreign Nationals (ICFN) if you have one in a safe place. It is useful to take a photocopy of the personal information and visa pages in your passport and both sides of your ICFN card and keep them safe in case either is lost or stolen and you have to apply for replacements during your stay here.

Passport Photographs

If you need passport type photographs for student ID cards and travel cards etc. there are 'Photo Me' photograph machines located in Morrison's supermarket in the retail park near the Campus. The cost is generally £4.00 for four photographs – you need the exact change.

Personal Safety

If anything happens to you (or someone you know) such as a personal attack or mugging, please tell us. You can contact University Security, the residence wardens, the accommodation office, the police, the Students' Association staff, Health and Safety department staff, and/or the International Student Adviser. You do not need to inform all of these people! – just one will be sufficient. The University takes these incidents very seriously. Information will be treated confidentially.

Phoning home

Phone calls from private and public phones are normally cheaper between 6pm and 8am and at weekends. International calls can be very expensive. Check in the phone book for the international operator number. They will be able to tell you how much your call will cost you before you call. The international operator can also help you to make the call. Public phones will accept coins, pre-paid phone cards (which you can buy from many shops) and credit cards. If you are using a mobile phone to call overseas, check first how much it will cost as charges vary between companies.

Police registration

On arrival into the UK you may have been given a stamp in your passport requiring you to register with the police. The stamp will say *'The holder is required to register at once with the police'* or *'Register with the police within 7 days'*. If you have an Identity Card for Foreign Nationals (ICFN) it may say *'Register/report to police'*.

If you have either of these, you must register with the police within this time; failure to do so is a criminal offence. If you cannot register within 7 days because of illness, you will need a doctor's letter.

You need to take your passport, one passport-sized photograph, the initial registration fee of £34 (the exact amount in cash please) and supporting documents to the police station in office hours. Documents needed are: *your unconditional offer letter, student ID cards, and confirmation of your home address in the UK.*

We advise you to go to the Nationality Department at the main police station at 173 Pitt Street, Glasgow G2 4JS (Tel: 0141 532 2421) as your documents will be processed quicker here and you will get your passport back on the same day (you will need your passport to open a bank account).

This station is a short walk from Central Station in Glasgow; the nearest Underground station is Cowcaddens.

The Nationality Department is open Monday, Tuesday and Thursday 9-12.30 then 13.30 – 16.00 and Fri 9 – 12.30 then 13.30 – 15.30 Closed Wednesdays, Saturdays and Sundays.

You will be issued with a police registration certificate; this is valid for the duration of your stay in the UK. If you change address, or any of your details on the certificate change (course title, immigration conditions - *including any student visa extension* - marital status, occupation etc.) **you must inform the police within 7 days**. If changing your details, please take along supporting documentation as proof e.g. for change of address please take your tenancy agreement or contract. There is no charge to change your details.

If you lose your certificate or the certificate is full and has no room for any more details to be changed then you must pay £34 for a new one.

You can go to the local police station to register but your passport will then be sent on to Pitt Street to be processed. You will be contacted when your certificate is ready for collection.

Registering the address where you live:

*Please note that under Scottish Law it is **illegal** to sub-let i.e. rent out a room in your flat to another person for money without their name being on the contract.*

Police station

The nearest police station is Hamilton Police Office (*Divisional Headquarters*) Campbell Street, Hamilton ML3 6AT Tel: 01698 48 3300

Post boxes

Post boxes in the UK are bright red – you can't miss them! You will find details of the collection times on the box. Stamps can be bought from the post office and many shops. Within the UK you can use first or second class stamps. To post letters and packages overseas you will need to go to a Post Office to get items weighed and checked.

Post offices

The nearest post office is located in the Spar newsagents across from the campus at the Spar in Almada Street ML3 OEX. There is also one at Londis Store at 23 Cadzow Street Hamilton ML3 OEE.

For all post office information, including prices of sending mail overseas, visit the website www.postoffice.co.uk

Public holidays

There are 12 official public holidays in Hamilton. On these days, banks and public buildings will close and transport services such as trains and buses operate reduced services. There are local differences in some public holiday dates e.g. dates vary between Ayr, Glasgow and Paisley, and also national differences in dates between Scotland and England/Wales. Please always check before making travel arrangements on these dates.

Shopping

Hamilton has lots of shopping facilities and they are all found within easy walking distance of the Campus. There is also good shopping to be found in Motherwell and Glasgow both a short distance away by public transport. There are four main shopping areas in Hamilton. The Regent Shopping Centre houses high street names such as Bhs, Primark and Marks and Spencers. Running parallel to this is Quarry Street which has more individual shops.

Situated at the bottom of Muir Street, there is the town square and shopping area which has stores including Asda, Next, Homebase and Boots as well as the Vue multi-plex cinema and various eating places.

The Douglas Park retail park next to Hamilton West train station includes Sainsbury's, Morrison's and a Mecca Bingo and McDonalds.

Hamilton has a wide selection of restaurants including Italian, Chinese, Indian, Mexican and Greek. It has a good range of bars and pubs as well as the nightclub complex, The Palace.

Food shopping:

For general food shopping, the nearest supermarkets to the Campus are Sainsbury's and Morrison's both found in the Douglas Park Retail Park next to McDonalds and Hamilton West train station.

ASDA is also nearby down at the bottom of Muir Street. From there it is a short walk up to the main shopping precinct in Quarry street.

Many supermarkets sell **vegetarian** and **vegan** food items.

Both Sainsbury's and ASDA supermarkets sell a small range of Halal meats.

A selection of ethnic supermarkets and specialized delicatessens:

| Country/ region | Store details | Address | Contact details |
|--------------------|--|---|---|
| Africa | African Embassy African foods, film rental, hair products, money transfers | 293 Duke Street City Centre Glasgow G31 1 HX | T: +44 (0)141 554 7924 E: info@africanembassy.co.uk W: www.africanembassy.co.uk* |
| | Africare African foods, haircare products, phonecards and more | 410 Victoria Road South Side Glasgow G42 8YS | T: +44 (0)141 423 4900 |
| | Fremu Shop Ladies and gents salon, African and Caribbean food | 23 Wellmeadow Street Paisley PA1 2EH | T: +44 (0)141 848 9333 |
| | | | |
| Asia | Halal products: there are many markets, food outlets and restaurants selling Halal products, located in the west of Scotland. | | The following web site can assist with locating outlets in your area: www.zabihah.com/c/Strathclyde +139 * |
| | KRK Continental Food Asian (Halal) grocers | 186–188 Woodlands Road West End Glasgow G3 6LL | T: +44 (0)141 339 4822 |
| | Oriental Foods Oriental and Asian produce (including Halal) | 307 Great Western Road City Centre Glasgow | T: +44 (0)141 334 8133 |
| | See Woo | The Point | Opening Hours: |

| | | | |
|--------------------|---|--|---|
| | Chinese, Vietnamese, Thai, Malaysian, Korean, Japanese and other speciality products | 29 Saracen Street Hamilton Hill South Side Glasgow G22 5HT | Monday-Sunday 9.30-19.00 T: +44 (0) 845 078 8818 W: www.seewoo.com/x/glasgow.html * |
| | Super Asia Halal meat and spices from around the world | 3 Maxwell Road South Side Glasgow G41 1QE 326 Pollokshaws Road South Side Glasgow G41 1QS | T: +44 (0)141 423 5500 W: www.superasia.co.uk * |
| | | | |
| European | Chisholms of Ayr A family run delicatessen selling a fine selection of French, Italian and Scottish cheeses, and a wide selection of Scottish delicacies. | 17 Carrick Street Ayr KA7 1NS | T: +44(0)1292 269 555 |
| | | | |
| Middle East | Scherezade Middle Eastern deli (including Halal produce) | 47 Bank Street Hillhead West End Glasgow G12 8NE | T: +44 (0)141 334 2121 |
| | | | |
| Poland | Lifestyle Express A general convenience store selling a small selection of Polish groceries | 61 High Street Paisley PA1 2 | T: +44 (0)141 849 0949 |
| | Meadows Convenience Store A general convenience store selling a wide range of goods including a large selection of Polish food | 28 Wellmeadow Street Paisley PA1 2EH | T: +44(0)141 889 5442 |
| | Polish Taste Authentic Polish fare | 21 Hyndland Street West End | T: +44 (0)141 338 6899 W: www.polishtaste.co.uk * |

| | | | |
|-----------------------------------|---|--|---|
| | | Glasgow G11 5QE | |
| | Polski Supermarket A small Polish supermarket selling a wide range of fresh and packaged groceries as well as newspapers and magazines | 9 Hyndland Street Partick, West End Glasgow G11 5QE | T: +44 (0)141 357 2883 W: polskisupermarketglasgow.co.uk* |
| | | | |
| Scotland | McCutcheons Traditional Scottish fare and treats: Tunnocks biscuits, clootie dumpling, apple pies, jocks loaf, cooked meats, ham ribs, ham houghs, sweet cure bacon and more! | 104 Gallowgate City Centre Glasgow G1 5AZ | T: +44 (0)141 564 1042 |
| | | | |
| South America/ variety | Lupe Pintos The chilli and spice shop – Mexican, American, Asian, Caribbean, Spanish & Mediterranean fare | 313 Great Western Road West End Glasgow G4 9HR | T: +44 (0)141 334 5444 Web: www.lupepintos.com* |
| | | | |
| Spain | La Gaceria Authentic hot sandwiches with Spanish cured meat and cheese. | 1 Old Union Street Dumfries DG1 2AA | T: +44(0)1387 256 391 |

The details above are correct at the time of printing

- Call or visit the store web site for information about opening hours
- Visit Google for location on a map
- Use Traveline Scotland to plan journey:
<http://www.travelinescotland.com/journeyplanner/enterJourneyPlan.do>
- Search the net for information on other stores in your local area

Restaurants and take-away outlets

In your local area you will find a wide range of restaurants and take-away food outlets for you to choose from, selling food from around the world. Check out local restaurant guides and listings or search the internet for further information.

Sport

Take the opportunity to try something different or continue a sport you have enjoyed at home. Many international students have found joining in sporting events a good way of meeting other students and making friends.

Hamilton Campus has an excellent gym and sports barn. Students can join the gym at a very reasonable rate and the sports barn can be hired for sports including football and badminton.

The UWS Students Association (SAUWS) has a range of sporting clubs and societies that you can get involved in. Get along to the Student Association to find out more.

<http://www.sauws.org.uk/>

Across the road from the Campus is the Hamilton Water Palace which has a 25m swimming pool and a small children fun pool. There is also a fitness studio which offers a variety of fitness classes and a health suite.

Down near ASDA there is an outdoor five a side pitches based at the Hamilton Palace Sports Ground.

If you are interested in watching rather than playing football, Hamilton F.C has their football ground close the Campus. It is near Hamilton West train station - <http://www.acciesfc.co.uk/>

Television Licenses

If you are staying in university accommodation, an information leaflet on TV licenses is sent out to you with your accommodation contract. If you are staying outside university accommodation, you can pick up a TV license leaflet from our accommodation office. Alternatively, for full current information, visit the website

www.tvlicensing.co.uk Click on Students

Tourist information

If you can do take time out to visit the rest of Scotland while you are here. There are some truly unique places to visit while you are here. There are many places to visit on the mainland and the many islands off the west coast. All are suitable for day trips, a weekend away or even longer. For ideas on what to do and see in Scotland, visit the Tourist Information website on

www.visitscotland.com

The main tourist information office is located in:

Glasgow City Centre - 11 George Square, Glasgow G2 1DY Tel: 0141 204 4400

Open 9-8 Mon-Sat and 10-6 Sun

Travel

Local buses:

Pay the driver on entry to the bus. Try to use the exact change required for your fare. A variety of bus passes are available which can save you money e.g. daily, weekly and monthly tickets. Off-peak travel begins after 9.30am. Bus tickets issued by all companies are not interchangeable – if you buy a return ticket you have to use the same bus company on the return journey.

The main bus station in Hamilton can be found next to Hamilton Central train station. Buses regularly go between Glasgow and Hamilton and the surrounding area. Timetables can be found at the weblink below; <http://www.firstgroup.com/ukbus/scotland/swscot/home/> - First Bus Greater Glasgow.

If you are looking to travel round Scotland or the UK by bus the following companies will be able to help: City Link www.citylink.co.uk National Express – Tel: 0990 808080
<http://www.nationalexpress.co.uk/>

Local trains:

Hamilton has two train stations - one near the town centre called Hamilton Central and Hamilton West which is closest to the campus. Hamilton enjoys a regular train service between here and Glasgow. Four trains run every hour to Glasgow Central/Argyle Street. Journey times are approximately 15-25 mins.

Contact First Scotrail on tel: 08457 48 49 50 or www.firstscotrail.com for timetables. Once in Glasgow you can get trains over to Edinburgh and have access to the rest of Scotland. Trains also run to Motherwell where you can catch a train to Edinburgh or if you are travelling south.

Preferably, buy your ticket from the ticket office before you catch the train. You can buy your tickets on the train but you could pay more for some tickets e.g. a return ticket. Travel before 9.30am (i.e. during peak time) is a little more expensive. Zone cards are available and cover travel on some train, bus and underground systems. Some stations operate barrier checks as you enter and exit platforms, therefore it is important you do not dispose of your ticket on the train. Failure to provide a ticket for a barrier inspection could result in you having to purchase a second ticket.

Airports:

Hamilton is close to both Glasgow and Edinburgh Airports so you have a choice of airports to fly from.

Glasgow Prestwick International Airport also connects too many global destinations. There are frequent daily flights to and from London Stansted and Dublin, linking into a Europe wide network.

Glasgow International Airport - <http://www.glasgowairport.com/>

Edinburgh International Airport - <http://www.edinburghairport.com/>

For latest information check www.gpia.co.uk. Glasgow Prestwick International Airport Tel - 01292 511 000

Further information:

For information on local transport (and some national information) you can visit the local Train Station at Hamilton Central.

They sell local travel tickets and tickets for travel anywhere in Scotland.

Alternatively check out the following.

For timetable information on public transport in Scotland call Travel Line Scotland
Tel: 0871 2002233 www.traveline.org.uk

For coach services within Scotland call Scottish Citylink Tel: 08705 505050
For national bus enquiries call National Express Tel: 08705 808080 or visit their website
www.nationalexpress.com

For train services within Scotland call Scotrail Tel: 08457 550033 or visit their website
www.firstscotrail.com
For all train enquiries call National Rail Enquiries Tel: 08457 484950 or visit their website
www.thetrainline.com

There are many travel agents located in Hamilton town centre. For the best deals in air travel, use the internet sites

Travel outside the UK - visas

If you want to travel outside the UK while you are here for a holiday (e.g. to Europe), you may need a visa to enter the country you are travelling to. Check with the country's embassy on visa requirements. It's best to visit the embassy website if possible as telephone enquiry lines have limited pre-recorded information and are often charged at £1 per minute. See the *Embassies and Consulates* section in this guide.

You should think about getting your visa as soon as possible as it will take a few weeks to process. Some embassies/consulates accept postal applications while others require you to go in person. This could involve a journey to London, but there are some embassies/consulates in Edinburgh. The Schengen Visa Scheme is ideal if you plan to visit more than one of the 25 participating European countries in a single trip lasting up to 3 months as you only need one visa for your trip. For full information please refer to the Student Services leaflet '*International students - traveling outside the UK*' .

Check with the International Student Adviser for details and assistance on travel visas.

Travellers' cheques

Travellers' cheques can be exchanged for cash (pounds sterling) at any Bureau de Change or bank.

Working in the UK

Please see the section on **Employment**

Worship

The Hamilton Campus has a prayer room (room of contemplation) that is available to use. It is located on the 8th floor of Almada building in room 832C

There are many churches located in Ayr, Dumfries, Hamilton and Paisley and all over Scotland, representing the different branches of Christianity. Please search the internet for information on churches in your local area. Alternatively, please contact the Spiritual Care Team at UWS.

Other places of worship such as the Buddhist Centre, Jewish Synagogues, Muslim Mosques and Hindu and Sikh Temples are located mostly in Glasgow. The following web sites can assist with locating the place of worship nearest to you:

Hinduism: www.hindutempleofscotland.com *
Islam: www.salaam.co.uk/mosques *
Judaism: www.somethingjewish.co.uk/articles/373_scotland.htm *
Sikhism: www.sikhsinscotland.org/component/option,com_joomap/Itemid,49/ *

For details of UWS student worship groups, please look at the notice boards in the University and Students' Union, or contact the Spiritual Care Team. The contact details for each faith are available here:

www.uws.ac.uk/schoolsdepts/studentervices/careteam-contact.asp

There is a Prayer Room located in room K109, Paisley Campus. The Spiritual Care Team and Student Services can advise on prayer times and can provide details of the places of worship and contemplation available at our other campuses.

*Adapted and updated by Student Services Staff, Hamilton Campus, on behalf of Sue Bailey
International Student Adviser
Edited by Sue Bailey August 2011*